



Pre Op Instructions for patients undergoing intravenous sedation

Since the 1st April 2019 new charges for sedation services have been invoked. There is now a charge of £62.10 if you wish to have sedation unless you are exempt from charges.

You have chosen to be given SEDATION for your dental treatment. To ensure your safety please follow the instructions provided below:

ON THE DAY OF YOUR APPOINTMENT

- **DO** arrive on time. If you are late for your appointment we may be unable to do the treatment.
- **DON'T** go without food the day of your appointment but only have light meals.
- **DO** wear loose, comfortable clothing with sleeves that will allow your arms to be exposed and flat shoes. You may need to remove any contact lenses so remember to take your glasses with you.
- **DON'T** wear dark nail varnish/false nails or excessive make up as the dentist will need to monitor you carefully while you are sedated.
- **DO** not consume alcohol for at least 24 hours before your appointment or take any recreational drugs prior to your appointment.
- **DO ensure you have arranged to be accompanied by a responsible adult (over 18 years old) who attends the appointment with you and is able to wait with you, escort you home via car or taxi and stay with you for the rest of the day. If this is not organised we cannot perform the procedure.**
- **DO** take all routine medications they should be taken as usual unless advised by the dentist otherwise. Any medication you are taking should be brought with you (unless needed to be kept refrigerated) and discussed with dental team before your sedation begins, e.g. medications for diabetes or asthma.
- **DO** inform the dentist if you think are pregnant. You may need to come back another time for treatment. You should also let the dentist know if you are breastfeeding.
- **DO** let us know if you feel unwell on the day of the procedure. Any illness occurring before the appointment should be reported immediately as it may affect the treatment.

If you have any questions about the procedure please ask before the sedation treatment starts.